

# Problem Gambling Awareness Recorded Trainings 2025



## **Using Cultural Humility to Stand Up Within Your Gambling Prevention Efforts**

Explore cultural humility - how it differs from cultural competence and how cultural humility can be used to enhance community engagement and responsiveness to problem gambling through a coalition's strategic efforts.

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## **The Silent Addiction**

Explore problem gambling disorder from a lived experience perspective. The presenter shared his personal story, including the role college athletics can play in the development of gambling addiction; the impact of problem gambling on mental health; the collateral damage the comes from gambling addiction; and the many lives that are affected.

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## **The Brain, Technology, and Problem Gambling**

Examine the brain's role in gambling addiction and the role technology can play in both contributing to this process as well as a potential tool to help minimize it.

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## **The Power of Plasticity: Paving New Neural Pathways for Gambling Disorder Recover**

Overview of the basic elements of neurobiology as it relates to gambling disorder, addiction, and recovery. In addition, practices that enhance the ongoing and consistent use of new recovery beliefs, emotions, and behaviors learned in treatment were presented.

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## **Why Is It Hard to Stop Gambling - A Lived Experience Perspective**

Overview of problem gambling disorder in rural communities, specifically Montana, from the perspective of lived experience.

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## Forget Sports Betting & Casinos: We Have Card Collecting and Online Games

An in-depth look at how a well-known hobby has turned into gambling through cards breaks, expensive products, upselling, collecting, gaming, and more.

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## Not All Bets Are The Same: A Clinical Interventions Guide for Different Types of Bettors

Learn about the diverse world of gambling disorders and the specific needs of those who struggle with them.

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## Emerging Treatments for Gambling Disorders: Magnets, Mushrooms, and Medications

Learn about the importance of correcting problems with sleep, nutrition, movement, and isolation. Also, psychological and social treatments, and then focused on emerging treatments: Transcranial Magnetic Stimulation; Ketamine; GLP-1 Receptor Agonists (e.g., Ozempic®, Wegovy®); and Psilocybin.

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KNOW THE  
**RISKS** OF  
GAMBLING

Want to Learn More About  
Problem Gambling?

Click the link below for more  
information, free materials,  
resources, and to register for  
upcoming trainings

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