

CAP TOT



JUNE 6, 2018

CONGREGATION ASSISTANCE
AND COMMUNITY AWARENESS

CAP



- Outreach/awareness program geared to faith communities that has expanded to the general community usually as a first step to awareness of addiction issues
- Clarification on addiction issues and misconceptions on SA and gambling
- Aimed at a diverse audience
- One way to reach new audiences at their sites

CT CAP



What it is

- Overview of issues
- Aimed at a diverse audience with varying ages, skills and knowledge
- A lead into engaging participants in community action and further training

What it is not

- MHFA, YMHA, CONNECT
- Geared to clinical settings who want specific assessment skills
- Substitute for other more clinical trainings

Where Have We Been

- Faith communities
- Universities, schools
- Service organizations
- Job Corps
- Prevention coalitions
- Libraries
- Hospitals
- Mental Health Boards
- Youth Service Bureaus
- Springfield, MA!
- Community Action agencies
- Behavioral health organizations
- CT Clearinghouse



Some of the Host Towns for CAP



Ansonia	Naugatuck	New Hartford	Groton	Avon
Branford	New Britain	Norwich	Monroe	Harwinton
Bethel	New Haven	Torrington	Winsted	Burlington
Bristol	N London	Salisbury	Mystic	Newington
E Hartford	No Haven	W Haven	Haddam	Niantic
E Haven	Norwalk	Old Saybrook	W Hartford	Willimantic
Farmington	Plainville	Stamford	Bloomfield	Wallingford
Kent Thomaston	Plymouth Southbury	Bridgeport Waterbury	Bridgeport E Haddam	Wolcott Middlebury
Meriden Middletown	Hartford Madison	Cheshire Hamden	Lakeside Orange	Wethersfield Rocky Hill

What We Have Learned in General



- People are interested but also have a lot of misinformation
- Don't assume
- Present as a "refresher" for those with subject knowledge
- People increasingly have a personal connection to the issues and some will share their stories (during or after the sessions)
- Gambling and Inhalants are the least known subjects at all CAP trainings

What We Have Learned with Faith Communities



- Discussing suicide can be tricky especially with faith communities
- Acknowledging differences in belief systems helps open the door to discussions
- The role of spirituality is important with all audiences but needs to be mentioned often in the faith community trainings
- Terms like “suicide” “addict” “sin” “reborn” “saved” may need to be clarified
- Expect persons in Recovery to attend

Basic CAP Curriculum in 6 Hours



- Overview
- Basics on Addiction
- Substances and Products of Concern
- Disordered Gambling
- Mental Health
- Suicide Prevention
- Resources
- Evaluation
- Follow Up



CAP Outreach



HAZELL KELLEY
CAP OUTREACH COORDINATOR
(EMERITUS)

After the CAP: Next Steps



- Offer to come back with other trainings, topics if you can
- Link participants with local councils, etc.
- Ask for participants to link you with other groups that might want to bring in CAP
- Is the host site interested in starting/sponsoring support groups – what are they going to do with what they just learned?

Evaluation and Coordination



- Evaluation form provided by PGS and submitted to one central location
- Looking for an increase in knowledge
- Can evaluate QPR separately
- DMHAS expectations
 - # of trainings
 - # of participants
 - # of completed evaluations
 - What else?

TIPS



- Food-food-food
- Giveaways (bring lots)
- Have print materials
- Certificates
- Email reminders for session 2
- Be flexible (barefoot if needed)
- Check religious calendars even if they set the date
- Tailor materials to site and region

- Stress that you are not from the Prohibition Council
- Give the host site publicity and thanks
- People like to see pictures and hear personal stories illustrating topics
- Keep information current



Follow Up for You



A total of 20 hours is available on a first come basis from today until 6/30/19 for questions or assistance with CAP. This can include clarification on ppt, sites/contacts, or whatever you might find helpful. Call or email.

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Questions???

