

BOYF

Bank On Your Future

Problem Gambling & Financial Literacy
High School Education Program



Curriculum for HS students

Rayallen Bergman, BS / Program Coordinator / Southeastern Regional Action Council

Why combine problem gambling information with financial literacy?

Gambling odds are stacked against you. Knowing how to budget helps you understand the effects of these and other financial traps.

Bank on Your Future is a real-life budgeting experience infused with Problem Gambling information from the Stacked Deck curriculum.

Stacked Deck is 5 – 6 session school-based program for the prevention of problem gambling. Developed by Dr. Robert Williams and Dr. Robert Wood at the University of Lethbridge, in Alberta, Canada. It is the only curriculum listed on SAMHSA's National Registry of Evidence-based Programs and Practices. Developed for high school students (ages 13 – 19), it can be adapted for a variety of grade levels,

Stacked Deck curriculum has shown significant and sustained change among young people in their attitude toward gambling.

"My Students were very engaged in the program. They had a great dialogue with the facilitator about odds, risk factors and consequences. This fits in well with our class's personal budgeting projects." – Consumer Math Teacher

As a CT certified Problem Gambling Prevention Specialist and certified Trainer in the Stacked Deck Curriculum, I have the ability to adjust the lessons to fit the limitations for classroom implementation.

This High school financial literacy program will consist of a two-part training and educational series. First portion (1hr) is aimed at improving their knowledge of risks of gambling and problems associated with the behavior. The second part (1.5hr) will be a workshop, designed to teach the students how to balance a simulated real-life budget, while taking on living expenses.

Contact Rayallen Bergman for details:
Rayallen.Bergman@yahoo.com
(860) 848 -2800
www.SECTRAC.org



"The risks are real problems from gambling (i.e.: lose rent \$, lose car payment). I finally balanced my budget, made a \$10 bet and lost my phone payment. I had to work on my savings to see how long it'd take me to make it up... I don't know why people would choose this struggle knowing all the risks. I never thought of it this way." - BOYF student

